



PRACTICE GOOD HYGIENE

Everyone can help prevent the spread of infections by practicing good hygiene and is encouraged to implement the following measures:



Wash your hands often with soap and water for at least 20 seconds.



Avoid touching your eyes, nose or mouth.



Avoid close contact with people.



Cough or sneeze into your sleeve or elbow and not your hands.



Report flu-like symptoms to your supervisor.

PRACTICING THE 6.5' PHYSICAL DISTANCING



- Please limit meetings/gatherings to a max. of 6 people.
- Maintain a 2 meter distance from each other.
- On site you will need to find a way to maintain an adequate working distance from each other, limiting the number of people in hoists and orientations.

COVID-19

Anyone experiencing flu-like symptoms associated with COVID-19 (eg. coughing, fever, difficulty breathing), should immediately contact their supervisor and consult a healthcare professional.

If you have any of these symptoms, you should NOT be at work and should consult with your healthcare provider before returning to work.